

Langley Skating Club



FRASER VALLEY SYNCHRO PROGRAM

Langley Synchronized Skating Teams

Skaters and parents wishing to participate in the 2014/2015 synchronized skating season are encouraged to come to the Synchronized Teams Jump Start Session on

Wednesday, August 27th 2:00-5:00pm



2014 - 2015 Synchro Events

August 27th 2:00-5:00pm - Langley Synchro Teams Jump Start Session and Information Meeting

- *Highly recommended for ALL LANGLEY SYNCHRO SKATERS OF EVERY LEVEL*
- *This will be an important event for planning the 2014/2015 season where we can assign team spots and give pertinent information for the upcoming season*

December 06, 2014 - Pacific Ice Gala

Extra Xmas Break Practice Ice - Dec 29th 2-4pm, Dec 30th 2-4pm, Jan 2nd 11-1pm

January 03, 2015 - BCYK Synchro Competition

January 31, 2015 - Mountain Regionals

February 21, 2015 - West Coast Challenge

March 14, 2015 - Langley Skating Club Ice Show



TEAM PRACTICE SCHEDULES :

Team Levels and Assignments are dependent upon the number of skaters and their ages as per the Skate Canada Synchronized Skating Rules. The coaching staff will endeavour to find suitable team assignments for all skaters who want to skate with a team.

Junior Team: Fridays Practice : Off-Ice: 3:15-3:35pm, On-Ice:3:45-4:45pm

Senior Team: Fridays Practice : Off-Ice: 3:35-4:05pm, On-Ice:4:15-5:15pm

Rink - Langley Sportsplex

Adult Team: Tuesdays Practice: 6:45-7:45pm

Rink - George Preston Recreation Centre



Presented and organized by the Langley Skating Club Coaching Staff and the Board of Directors.