

The Langley Figure Skating Club
Newsletter
September 2011

www.skatelangley.com



A warm welcome... Welcome back to skating and a special welcome to our new skaters. This is our off year for the ice show but never-the-less; we will have some exciting events planned for our skaters.

Free - Skating Seminar for all skaters - September 25 at the Langley Events Center from 2:00 - 4:00. Includes the skating seminar and parent information - meet the coaches, learn about our programs, ask questions etc.

Coaching... Welcome back to our coaches Rob, Chrisanna, Cindy and our Head Coach Julie. Our coach Lisa, has decided to take some time off this year, as she is extremely busy being a mom of 4 now!! You may still see her around the rink as she is very active still in volunteering with our club as well as having 2 of her children skating with us. We welcome Stephanie Owen as a junior coach to our Canskate Programme. Stephanie is a grade 12 student that has completed her Canskate programme course through skate Canada and has many years of skating from Dance, Synchro, and free-skate to our club.

New Helmet Rule... a new helmet rule was brought forward from Skate Canada. (There was a helmet on display at registration). Helmets are to be worn for those in Canskate Preschool and Canskate level 5 or below. These helmets need to be a CSA approved Hockey Helmet. Cage is optional. Sports Replay have offered a 10% discount to our club if you wish or need to purchase a helmet (mention that you are from the LFSC)

LFSC Executive... LFSC is a non-profit organization that is made up of volunteers. We try to make the club run smoothly, efficiently, professional, and fun for our skaters. However, we are in desperate need of some help on our executive. The majority of the executive have been on the board for many years and we are looking to help mentor anyone wishing to contribute



to their club at this level. At present, we have 1st Vice-chair, 2nd Vice-chair, and Secretary open. If you would like additional information, please contact Julie Kivinen or Jennifer Owen. We are fortunate that the club is able to have an administrator, Debbie Beukers, who has extensive history with our club and is a valuable resource. Debbie is in the office at George Preston on Tues from approximately 3:30 - 6:30. 604-532-3890

Program Assistants... PA's are a valuable asset to our program. These young volunteers are skaters within our club who help with the Canskate program. They help the skaters practice what the coaches have instructed them as well as play games that help to develop their skating skills. However, if you have a question regarding your child's skating please contact one of the professional coaches rather than the PA's directly. If there are any concerns regarding the PA's or the programs, please contact the Head Coach Julie Kivinen.

Need information... please look at the website frequently. There is a lot of information there to help you as well as it is updated on a fairly regular basis. We are in the process of looking at updating our website to make it more user-friendly and fresh looking. We also have 2 bulletin boards (one at George Preston Rink and the other at Sportsplex in Walnut Grove). If you need further clarification or information, please feel free to contact are administrator, any executive member, or the coaches.

Up coming events...

September

- 19 - First day of skating for Canskate/Canfig
- 20 - first day of skating for Canskate/Canfig
- 20 - first day of skating for Excel
- 25 - Free skating seminar for all skaters @ Langley Events Center
- 26 - first day of skating for Preschool
- 27 - first day of skating for Preschool

October

- 3-6 - Celebrate Fall - decorate yourself with fall colours/leaves
- 8 - Thanksgiving - no skating
- 10 - Thanksgiving - no skating
- 25 - Halloween party. Tues. session - wear your costumes
- 26 - Halloween party. Wed. session - wear your costumes
- 27 - Halloween party. Thurs session - wear your costumes





31 - Halloween party. Mon session - wear your costumes

November

7 - 12 - Remembrance Day week. Wear your poppies!

11 - Remembrance day - yes there is skating

21 - 26 - Sports team Jersey week. Wear your favourite team's jersey

December

1 - 5 - Wear Christmas colors to all sessions

10 - no skating

14 - Christmas party for both Monday and wed sessions

- last day of skating before winter break

15 - Christmas party for both Tuesday and Thursday sessions

- last day of skating before winter break

Dec 16 - Jan 1 - no skating

January

2/3 - First day back to skating

2 - 7 - Pajama party!! - Wear your favourite pjs

9 - 14 - Beach week. Wear your beach clothes, hats etc

23 - 28 - Crazy hat, hair, helmet week

February

13 - 18 - Wear hearts, red, pink, or white for Valentines Day

27 - March 4 - Canucks Appreciation. Wear your conucks jersey, hats, scarves etc

March

6 - Stars on Ice. All GPRC skaters - 3:45 - 6:45

7 - Stars on Ice. All Sportsplex Skaters - 4:30-7:30

8/9 - Last day of skating

Low Test Day... (Starskaters only) First low test date of the season will be Dec 7th. Your coach will approach the skater and the parent if they are ready to test. More information or how you can help during the test please contact Paula Hilman or Rachel Wasmuth.

Competitions... (starskaters only)

Oct. 14-16 - Autumn leaves - Kamloops

Oct. 21-23 - BC coast Fall sk8fest - Chilliwack

Nov. 9 - 13 - BC YT Sectionals - Kelowna

Nov. 25-27 - Jingle Blades - White Rock

Dec. 14 & 15 - Artistic competition for starskaters

Jan. 7 & 8 - BC/YT Open Synchro - south surrey

Feb. 3-5 - Winter Skate/BC Coast - Chilliwack

Feb. 10-12 - Ogopogo - Penticton

March 9 - 11 - Spring fling - Aldergrove

Changing Rooms/viewing... a gentle reminder that we have changing rooms avail to us at each rink $\frac{1}{2}$ hour before the session and $\frac{1}{2}$ hour after the session for changing and putting on your skates. Please do not use the hallways or lobbies. The changing rooms are warm and spacious. Please do not leave valuables in the rooms as they are not locked during the session...the figure skating club and the arenas are not responsible for any lost or stolen items. Each year, there seems to be quite an accumulation of things from mitts to skating guards that get left behind. Please check with the coaches to have a look if you are missing an item. For viewing... Please have a seat in the stands to watch your skater rather than at rink level in the 'goalie/team boxes'.

Program information... Our program is divided into two streams, Canskate and Starskate. **Canskate program** has the preschool program and levels 1 to 6. This is the program where the skaters will learn to skate and the basics of figure skating. Canfigure is a group program after level 6 where the skaters learn new and develop their figure skating skills. You will be introduced to ice dance, skills, and some Synchro during this program. The second program is the **starskate program**. This is where a skater takes private lessons from one of our coaches (arranged by the parent and specific coach from LFSC). There is usually an area that the skaters like to focus on such as dance, skills/freeskate. Here is where the skater develops their skills in order to test or compete. If a skater wishes to continue on with the group/team dynamic then the Synchro program may be for them. Here the skaters are divided into specific teams based on their level of skill and age.

If at any time, you have questions about the specific programs; contact one of the coaches for further information.

Music playing (starskaters only)... In order for starskaters to have their music played during their sessions we will require parents on the session to assist in playing music. A volunteer will set up a music playing schedule. If you are unfamiliar with the music players there is usually another parent at the rink that can help.



Fundraising... our club is non-profit and to help offset some costs of travel, competitions, ice shows, equipment etc. there are some fundraisers that will be organized through out the season. Fundraising is individual for the starskate program and as always is optional. More information will be coming out regarding the fundraising opportunities.

There will be a general fundraiser for all programs that consists of the Halloween skate-a-thon. More information will come closer to the dates. This will be during the Halloween parties.



Our club has been fortunate to have secured a gaming subsidy that has been distributed amongst all programs to help offset ice costs.

Congratulations... to Julie, our Head Coach, who has been selected as a coach for the BC Winter games in February 2012.

Contact List...

Club Administrator

Debbie Beukers.....604-881-4982/604-607-4982
dbubbles@shaw.ca

Professional Coaches

Julie Kivinen (Head Coach).....604-856-5690/604-649-4192
jkivinen@shaw.ca

Rob Woodley.....604-626-1378
Rob_woodley@hotmail.com

Chrisanna Doerksen.....604-513-8234/778-808-1712
chrisannad@me.com

Cindy Watson.....778-320-2402
Sk8withcindy@telus.net

LFSC Executive

Chair	Jennifer Owen.....604-888-4183
1 st Vice (VACANT)	2 nd Vice (VACANT) Secretary (VACANT)
Treasurer	Denise Boughen.....778-298-7398
Test chair	Paula Hilman.....604-533-1641
Test co-chair	Rachel Wasmuth.....778-240-1840
Canskate Rep	Lisa George.....604-888-4629
Coaches Rep	Kim Torgerson.....604-532-5953
Starskate Rep	Mary Anne Enriquez.....604-888-4112
Fundraising Rep	Marg Cook.....604-881-2238
Synchro Rep	Bronwyn Nelson.....604-882-5171