

LFSC Spring School 2010

REGISTRATION INFORMATION

There will be three registration dates for the Spring skating session.

For currently registered LFSC members

Tuesday March 2nd: 4:00 – 7:00 pm at George Preston Arena

Wednesday March 3rd: 4:00 – 7:00 pm at Walnut Grove Sportsplex

Open to new members as well as currently registered LFSC members

Saturday March 6th: 11:00 – 2:00 p.m. at Walnut Grove Sportsplex

Langley Spring School will run from Monday March 29th, to Wednesday June 2nd.

There will be no skating on Monday May 24th (Victoria Day).

PAYMENT

Payment will be accepted by Visa, MasterCard and personal cheques and cash.

Payment can be split into 2 payments, one dated March 2nd, and one dated May 1st. Please remember to bring **sufficient cheques** for post dating.

Registrations will NOT be accepted without ALL information and payment(s) in place!!

Skaters will not be permitted on the ice without a completed registration package and payment.

SESSION INFORMATION

Canskate, Kidskate and Canfig:

Sessions are for 9 weeks starting March 29th and finishing on May 31st.

Monday Starskate:

Sessions are for 9 weeks starting March 29th and finishing on May 31st.

Tuesday, Starskate:

Sessions are for 10 weeks starting March 30th and finishing June 1st.

Wednesday, Starskate:

Sessions are for 10 weeks starting March 31st and finishing on Jun 2nd.

Please note for March 31st only: Skills and Dance 4:15 – 5:00. Freeskate 5:00 – 5:45.

Synchro Development:

Sessions run for 9 weeks starting on March 31st and finishing on May 26th.

Can Synchro Skate:

Sessions run for 9 weeks starting on March 31st and finishing on May 26th.

Please note for March 31st only the session time will be 6:00 – 6:30.

Off Ice:

Session runs for 8 weeks starting on April 6th and finishing on May 25th. 6:30 – 7:30 at the Sportsplex . Max \$120.00 per skater. A minimum of 6 skaters is required in order for this session to run.

Buy-ons will be by punch cards only, at a cost of \$35.00 per card. One punch is equivalent to 15 minutes of ice time.

PROGRAM INFORMATION

Low test day:

We are planning on having our low test day on Wednesday June 2nd at the Walnut Grove Sportsplex.

Canfig:

This program is a continuation of the Canskate program using group lessons to introduce the skaters to all disciplines of figure skating. Skaters need to have completed level 6 of the Canskate program to be eligible to participate in this program. Skaters have a coach available to them for the entire session time.

Off Ice:

This program is for Star Skaters wishing to work on their strength and conditioning. Session will be run by Coach Rob.

Can Sychro:

This is a new recreational program for skaters interested in learning a new field. Skaters must be working on level 4 or higher in the Canskate program or be in Canfig.

Synchro Development:

This program is for all levels of Synchro skaters (including beginner). This session is designed to teach and improve Synchronized skating skills.

This session is **STRONGLY** recommended for all skaters wishing to try out for the Langley Synchronized Skating Teams for the 2010 - 2011 skating season.

There will be 2 separate sessions with a 15 minute shared overlap.

Placements for the 2010 – 2011 skating season will be announced at a later date

COACHES

Julie Kivinen	604 856-5690
Rob Woodley	604 626-1378
Chrisanna Doerksen	604 513-8234
Lisa Dirks	604-534-9552
Cindy Watson	604-466-5875

For further information contact Debbie Beukers at 604 607-4982.

Spring 2010 ice costs are not subsidized by funding from the Gaming Commission.

